

WHEN: Wednesday 14th September 2022

WHERE: West End Aquatic Centre

TIME: 6.00pm warm-up, Start 6.30pm

ENTRIES: Scan the QR code to Enter

the 200 Free Handicap

Entries close 8pm on 12 Sep



RACES

- 1. 200m Free Handicap (for Club Trophy)
- 2. 100m Individual Medley
- 3. 25m Any stroke
- 4. 50m Any stroke
- 5. 100m Any stroke
- 6. Lucky Dip Medley Relay (All swimmers)

