

KIWI WEST AQUATICS ** \$\$\$ WINTER CA\$H MEET \$\$\$ **

Sunday 1st November 2020 FREYBERG COMMUNITY INDOOR POOL (25M) PALMERSTON NORTH



MIXED I.E. BOYS & GIRLS	Warm up 12:30pm - Start 1.05pm
01.	400m Freestyle
02.	50m Backstroke
03.	100m Breaststroke
04.	100m Individual Medley
05.	50m Breaststroke
06.	100m Backstroke
07.	200m Individual Medley

MIXED I.E. BOYS & GIRLS	20 MINUTE BREAK
08.	200m Breaststroke
09.	50m Freestyle
10.	200m Backstroke
11.	100m Freestyle
12.	100m Butterfly
13.	200m Freestyle
14.	400m Individual Medley

Kiwi West Aquatics will not be liable for any loss or damage incurred during the meet.

All enquiries to:

Patricia Dickason Phone021 261 9473 Email <u>kiwirace@gmail.com</u>

ENTRIES CLOSE 10pm 27th October 2020.

CONDITIONS OF ENTRY

- Meet conducted under SNZ & Para rules. All participants must agree to comply with the Sports Anti- Doping Rules and regulations.
- Swimmers limited to 4 events.
- Warm up times: 13/O: 12:30-12:45pm 12/U: 12:45-1pm
- Short course times to be submitted (no times <u>WILL NOT BE</u> accepted). Times to be in by Thursday 8am.
- MUST have official SNZ times for 200 & 400 events.
- Entry Fee: **\$8.00 PER EVENT**. Free pool entry - Programs **\$3 includes Raffle Ticket**
- All events are timed finals and events seeded by age on day of meet (but may be combined where necessary).
- There will be <u>NO REFUNDS</u> [including medical] once final psych sheet has been posted.
- ENTRIES CLOSE Tuesday 27th October 2020 at 22:00HRS. No late entries or changes accepted.
- Entries to be entered directly into the SNZ Database.
- Assistance with timekeeping will be required to ensure a successful meet.
- 400 IM & 400 Free, will be limited to the top 12 fastest swimmers
- Due to limited seating for swimmers parents are requested to please bring their own seating.
- Backstroke wedges will be used at this meet.
- Entries will be closed if swimmer number reaches 150.

CA\$H PRIZE\$

- Age Group Cash Prizes (\$40-1st, \$20-2nd, \$10-3rd) for the top boy and girl in each age group (9&Under,10, 11, 12, 13, 14, 15, 16, 17&over) based on total accumulated points using the standard Swimming NZ points.
- If the situation occurs where there is a tie within an age group, the cash will be split three-ways accordingly.