

PALMERSTON NORTH

SHORT COURSE QUALIFYING MEET

Last chance to get a 100 IM time

Sunday 8 December 2019 Freyberg Community Pool
1.00 pm warm up -- 1.30 pm start

1. 200 Backstroke	11. 400 Freestyle
2. 100 Butterfly	12. 100 Backstroke
3. 50 Breaststroke	13. 200 Individual Medley
4. 100 Individual Medley	14. 50 Butterfly
5. 200 Freestyle	15. 100 Freestyle
6. 100 Breaststroke	16. 200 Breaststroke
7. 50 Backstroke	17. 50 Freestyle
8. 200 Butterfly	18. 400 Individual Medley
9. 4 x 50m Freestyle relay (F)	19. 4 x 50m Medley Relay (M)
10. 4 x 50m Freestyle relay (M)	20. 4 x 50m Medley Relay (F)

Conditions of entry:

- Only registered swimmers are eligible to enter this meet.
- Entry is via the SNZ Database, entries close 1 December 2019 at 22:00pm
- Entry fee is \$7.50 per event, payment preferred at the time of entry. All fees to be paid prior to the meet - Relays free.
- No Times will be accepted for 50m and 100m events only.
- All events excluding relays will be mixed gender.
- All events will be timed finals.
- 400m and 200m events may be restricted if excessive entries are received.
- Swimming Manawatu reserves the right to amend or alter the programme if required.
- An officials break may be held.
- Time trials will be \$15 and will only be accepted if there is lane space available. Events will not be reseeded.
- Scratchings after Tuesday 3 December will require a medical for a refund in entry fees to be considered.
- Swimmers may enter a maximum of 4 individual events.
- Meet conducted under FINA, SNZ & Para rules.
- All participants must agree to comply with the sports anti-doping rules.
- An official photographer may be present.
- Swimming Manawatu will not be liable for any loss, damage or injury that may occur at this meet.

Enquiries to manswim.racing@gmail.com