

## **KIWI WEST AQUATICS**

### \*\* \$\$\$ WINTER CA\$H MEET \$\$\$ \*\*



# Sunday 7<sup>th</sup> July 2019 FREYBERG COMMUNITY INDOOR POOL (25M) PALMERSTON NORTH

MIXED I.E. BOYS & GIRLS	Warm up 12:30pm - Start 1.05pm
01.	400m Freestyle
02.	50m Backstroke
03.	100m Breaststroke
04.	200m Butterfly
05.	50m Breaststroke
06.	100m Backstroke
07.	200m Individual Medley

MIXED I.E. BOYS & GIRLS	20 MINUTE BREAK
08.	200m Breaststroke
09.	50m Freestyle
10.	200m Backstroke
11.	100m Freestyle
12.	100m Butterfly
13.	200m Freestyle
14.	400m Individual Medley

#### "West End Cup"

The cup will be presented to the club with the highest combined points score over the Kiwi Cash Meet and Kiwi All-Stars Meet at the Kiwi All-Stars Meet

Kiwi West Aquatics will not be liable for any loss or damage incurred during the meet.

All enquiries to: **Patricia Dickason**Phone 021 261 9473

Email kiwirace@gmail.com

ENTRIES CLOSE Midnight 2nd July 2019.

No late entries or changes accepted

#### **CONDITIONS OF ENTRY**

- Meet conducted under SNZ & Para rules. All participants must agree to comply with the Sports Anti- Doping Rules and regulations.
- Swimmers limited to 5 events.
- Warm up times:
   13/O: 12:30-12:45pm
   12/U: 12:45-1pm
- Short course times to be submitted (no times <u>WILL NOT BE</u> accepted). Times to be in by Thursday 8am.
- Entry Fee: \$7.50 PER EVENT. Free pool entry
   Programs \$3 includes Raffle Ticket
- All events are timed finals and events seeded by age on day of meet (but may be combined where necessary).
- There will be **NO REFUNDS** [including medical] once final psych sheet has been posted.
- ENTRIES CLOSE Tuesday 2nd July 2019 at 24:00HRS. No late entries or changes accepted.
- Entries to be entered directly into the SNZ Database.
- Assistance with timekeeping will be required to ensure a successful meet.
- 400 IM & 400 Free, will be limited to the top 12 fastest swimmers
- Due to limited seating for swimmers parents are requested to please bring their own seating.
- Backstroke wedges will be used at this meet.

#### **CA\$H PRIZE\$**

Age Group Cash Prizes (\$40-1<sub>st</sub>, \$20-2<sub>nd</sub>, \$10-3<sub>rd</sub>) for the top boy and girl in each age group (9&Under,10, 11, 12, 13, 14, 15, 16, 17&over) based on total accumulated points using the standard Swimming NZ points. If the situation occurs where there is a tie within an age group, the cash will be split three-ways accordingly.