

## **KIWI WEST AQUATICS** \*\* \$\$\$ WINTER CA\$H MEET \$\$\$ \*\*



### Sunday 8<sup>th</sup> July 2018 FREYBERG COMMUNITY INDOOR POOL (25M) PALMERSTON NORTH

MIXED I.E. BOYS & GIRLS	Warm up 12:30pm - Start 1.05pm
01.	400m Freestyle
02.	50m Backstroke
03.	100m Breaststroke
04.	200m Butterfly
05.	50m Breaststroke
06.	100m Backstroke
07.	200m Individual Medley

MIXED I.E. BOYS & GIRLS	15 MINUTE BREAK
08.	200m Breaststroke
09.	50m Freestyle
10.	200m Backstroke
11.	100m Freestyle
12.	100m Butterfly
13.	200m Freestyle
14.	400m Individual Medley

### "West End Cup"

The cup will be presented to the club with the highest combined points score over the Kiwi Cash Meet and Kiwi All-Stars Meet at the Kiwi All-Stars Meet

# Kiwi West Aquatics will not be liable for any loss or damage incurred during the meet.

Psych sheets and results will be posted on the Kiwi West Website <u>www.kiwiwest.org</u> and the Swimming Manawatu Website <u>www.manawatu.swimming.org.nz</u>

All enquiries to: **Patricia Dickason** Phone 021 261 9473 Email <u>kiwirace@gmail.com</u>

### ENTRIES CLOSE Midnight 3<sup>rd</sup> July 2018. No late entries or changes accepted

### CONDITIONS OF ENTRY

- Meet conducted under SNZ & Para rules. All participants must agree to comply with the Sports Anti- Doping Rules and regulations.
- Swimmers limited to 5 events.
- Warm up times: 13/O: 12:30-12:45pm 12/U: 12:45-1pm
- Short course times to be submitted (**no times** <u>*WILL NOT BE*</u> accepted).
- Entry Fee: **\$7.50 PER EVENT**. Free pool entry - Programs **\$3 includes Raffle Ticket**
- All events are timed finals and events seeded by age on day of meet (but may be combined where necessary).
- There will be <u>NO REFUNDS</u> [including medical] once final psych sheet has been posted.
- ENTRIES CLOSE Tuesday 3rd July 2017 at 23:00HRS. No late entries or changes accepted.
- Entries to be entered directly into the SNZ Database.
- Assistance with timekeeping will be required to ensure a successful meet.
- 400 IM & 400 Free, will be limited to the top 12 fastest swimmers
- Due to limited seating for swimmers parents are requested to please bring their own seating.

#### CA\$H PRIZE\$

 Age Group Cash Prizes (\$40-1st, \$20-2nd, \$10-3rd) for the top boy and girl in each age group (9&Under,10, 11, 12, 13, 14, 15, 16, 17&over) based on total accumulated points using the standard Swimming NZ points.